

BARNHARTVALE COMMUNITY ASSOCIATION NEWSLETTER

www.barnhartvale.com



Keeping the residents of Barnhartvale informed of the events
and activities taking place at the Hall and in the Community

OCTOBER 2011

This newsletter is sponsored by:



Advertisement

Great Rates!
Gift Certificates Available
Perfect as Gifts for ALL Occasions!

True Balance Massage

Krista L. Tranah
**Certified Massage Practitioner
& Reflexologist**

250.371.4667



Come visit our treatment room in
Barnhartvale
or mobile services offered for a
small additional fee.

Isn't it time YOU started
feeling better?

Live Music and Dancing

Come out and enjoy dancing and
socializing every Sunday evening
from 8-11 pm at the Barnhartvale
Hall.

Everyone is welcome!

Traditional Country and Rock
Music performed by the
Fender Benders.

If you would like more information,
please call
Vern at 250-374-0038.

Please Note:

This will be our final paper copy
of the Barnhartvale Community
Association Newsletter.

Please check our website at
www.barnhartvale.com
to find information about
future events.

Thank You!!

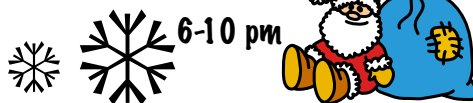
New furnaces were recently
installed in the hall. A huge thank
you to Tinman Heating and
Venting for overseeing the
installation.

UPCOMING DANCES:



❄️ Christmas Family Dance ❄️

❄️ Saturday, December 3rd ❄️



Barnhartvale Craft Fair

Sunday, November 13th

10 am - 3 pm

Free Admission

\$25 for table rental
Contact Michelle for more
information: 250-573-4595

Advertisement

Beginner Yoga

RL Clemitson Elementary School

~Gym Activity Room~

5990 Todd Rd

6 sessions for \$60.00

Wednesdays: 5:30-6:30 pm

Oct 12 to November 16th 2011

Basic postures and breathing
techniques to build strength and
flexibility.

Modifications available for all
fitness levels.

No experience necessary.

Pre-registration by October 3rd
required. To register: email

lopsyoga@hotmail.ca or call

250-573-4821.

Barnhartvale Champion Tae Kwon Do

Classes run from 6-7; 7-8 and 8-8:30 pm
Mondays and Wednesdays at the Hall

Come and join us for
2 FREE trial lessons
****Ages 7 and up****

Call Cindy at 250-573-4431
for more information

For more info about:

Hall Rental, call Karen at
250-573-2281

4H Club, call Holly at
250-573-3623

Newsletter, call Tami at
250-320-1474